### Basic Cruising Course Format

Each lesson consists of an introduction, theory explanation plus three hours practice. A 2 hours practice exam and 2 hours theory exam are also required. Weekday evening classes consist of one unit and run 6 to 9 pm with an optional dinner from 9 to 10 pm. Weekend courses are for two weekends and run from 9 am to 5 pm, with lunch break from 12 to 1 pm.

**Two Weekends course layout:**

Saturday, Sunday from 9am to 5pm

**Four days wonderful sailing on a private yacht and you are Ontario Certified Sailing Skipper!**

**Weekdays course layout(2 weeks)**

1st week Mon – Thursday 6pm – 9pm, 2nd week Mon – Friday 6pm-9pm

**One week course layout**

Monday – Thursday from 6pm to 9 pm and Saturday, Sunday 9am – 6pm

The course format could be adjusted to student preferences and convenience.   
  
The first date of each course is an on-board introduction, answer any questions, and show you how to set up the sails on our Macgregor 26M.  
  
The first two on-water classes introduce you to cast off and basic sailing. You'll get a chance to control the sails and gain a feel for steering.  
  
All lessons follow the same basic format (a weekday evening is assumed):  
  
6:00 - 6:15pm Arrive, setup and get on the boat

6:15 - 6:45 Theory on board instruction

6:45 - 7:15 On the water instruction

7:15 - 8:45 Sailing practice exercise

8:45 – 9:00 Lesson debriefing, Docking

9:00 - 10pm Optional Discussion, dinner and socializing

We pack a lot into each class, so it is essential that participants arrive on time.

**Our Special Long weekends courses:**

**Victoria Day course**: Friday May 19 – 5pm – 9 pm, Saturday-Sunday- Monday – 9am-6pm

**Canada Day course:** Friday June 30 – 5pm – 9 pm, Saturday-Sunday- Monday – 9am-6pm

**Labour Day course:** Friday Sep 01 – 5pm – 9 pm, Saturday-Sunday- Monday – 9am-6pm

**Thanksgiving Day course:** Friday Oct 6 – 5pm – 9 pm, Saturday-Sunday- Monday – 9am-6pm

Experience the best of sailing in the heart of the Toronto waterfront!